Spen Indoor Track and Field Meets

Salem CenterPlex – 1098 North Ellsworth Avenue – Salem, OH 44460

Meet Manager: Shane Harding (330) 831-6440 – harding@salemcommunitycenter.com

Dates/Deadlines:

<u>Sunday, January 15th</u> - Entry deadline Friday, January 13th 4:00 PM <u>Sunday, January 29th</u> - Entry deadline Friday, January 27th 4:00 PM <u>Sunday, February 12th</u> - Entry deadline Friday, February 10th 4:00 PM

All registrations will be on www.baumspage.com

Entry Fees: Individual: \$8 per event, maximum 4 events

Relays: \$25 per relay

Teams: \$175 per gender, minimum of 15 athletes

Please make checks payable to 'SCC'.

Please note these are entry fees, not participation fees. Refunds will not be issued after the meet deadline. There will be no late or walk-up registrations.

Admission: \$5 per person. Bleacher seating and concessions are available.

Events: All events are Girls first, Boys to follow (except 60mH finals)

FIELD EVENTS

10:00 AM Shot Put 10:00 AM High Jump

RUNNING EVENTS *Rolling schedule*

1:00 PM 60mH (Prelims – top 5 to finals)

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4x800 Relay

60mH (Finals – boys first)

60m (Finals) 1600m 400m

800m 3200m

4x400m Relay

Facilities: The Salem CenterPlex is a 30,000 square foot facility that houses a 160 meter

Durathon Elite track with a 6 lane straight and 4 lane turns. Restrooms and

concessions are available.

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Spikes: No longer than ¼" in length.

Pyramid spikes and Christmas Tree spikes are permitted.

No football, soccer or baseball metal cleats.

NO NEEDLE SPIKES.

ABSOLUTELY NO SPIKES ARE PERMITTED ON THE BASKETBALL (infield) SURFACE.

Athletes will be provided staging areas to change into/out of their spikes.

Implements: Blocks will be provided. Teams/athletes are NOT permitted to bring their own

blocks. Implements will be weighed in at the Center Circle facility, where shot put will be contested. The use of chalk for marking High Jump and exchanges is

NOT permitted. Tape only, please.

Timing: Fully Automatic FinishLynx Timing and Live Results will be provided by 'The

Timing Crew'. The Series at the Center Track Meets adhere to OATCCC regulations, making them qualifying events for the Indoor State Meet.

Directions: All running AND field events will be held at the CenterPlex facility just south of

the Salem Community Center (separate entrance).